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Momentum Coaching Gym Program

What if you could have it all? What would need to be in place for the year 2005 to be your best year yet? I am sure that many of you created resolutions in January or made a commitment to yourself to make this year better. What would need to happen for that to occur, for your dreams and goals to become a reality?

Effective Focus Success Coaching is launching a new program, the Momentum Coaching Gym. This program is designed to offer support; an accountability structure and the synergy created when working with a coach to have you produce quicker more effective and substantial results. This program is ideal for the following:

1. professionals whose income is tied to performance and are looking to increase their annual revenue (i.e. sales managers, insurance reps, real estate agents)
2. those who have previously worked with a coach and are looking for ongoing support to stay on track
3. individuals who realize the possibility of having it all, are committed to start living their best life and/or want to experience an introduction to coaching

The program includes the benefits of the following:

- Momentum Coaching Gym workbook, including programs and questions to design your best year
- 6 days/month of 'on call' coaching gym days for one-on-one telephone laser coaching as needed
- unlimited e-mail coaching
- twice monthly goal tracking worksheets sent by e-mail
- Choice of 2 free workshops. (possible workshop topics include: "Clearing the Path to Success", "Building Rapport for Effective Communication and Agreement", "Defining S.M.A.R.T. Goals and Attaining Outcomes")
- 2 complimentary tickets to T. Harv Eker's Millionaire Mind evening seminar

The total investment for the 9 month program is \$559.00, or alternatively \$69/month. If you see what's possible from working with your potential this year, I invite you to call me for a complimentary coaching session so you can determine if this program is your next best step. Alternatively, if you acknowledge the incredible value this program offers and know of someone who may benefit, please pass along the information.

Life's waiting....take it to the next level.

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